

▶ Restore Vitality

▶ Regain Strength

▶ Eliminate Pain

... through Acupuncture
and The Egoscue Method...



David Stoeber, L.Ac.

Licensed Acupuncturist



Office Hours

Monday thru Friday: 9 AM - 6 PM

Saturday: 9 AM - 2 PM

On call 24 hours a day

David participates in most insurance plans including Kaiser Permanente, Blue Cross, PacificCare, United Health Care and Secure Horizons.

California State Acupuncture License Ac2957

California Qualified Medical Evaluator 966515

Certified Postural Alignment Specialist / The Egoscue Method

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**Licensed Acupuncturist
Specializing in the Egoscue Method**





David Stoeber

Compassionate and Caring

What people are saying...



'Not only has the pain in my lower back been relieved, but also the pain in my neck. The amazing thing to me is that acupuncture and accupressure has done for me what years of Epidurals and Medial Branch Neurotomy could not do in controlling my pain and giving me back my life. My need for muscle relaxants and pain medications is greatly reduced to the few times I push myself too far.'

○ Dale in Carlsbad

'David, when are you going to insert the needles?... Helen, I already have.'

○ Helen in Oceanside

'I have a severe case of fibromyalgia and for a long time I spent much of my time in bed. Before meeting David, my husband and I were contemplating getting me a wheelchair to get around. After three months of acupuncture, I use my bicycle instead!'

○ Krista in Carlsbad



Common ailments treated with Acupuncture...

Many common chronic ailments can be successfully treated with acupuncture! A partial list of these includes:

- ▲ Fibromyalgia
- ▲ Abdominal pain
- ▲ Anxiety
- ▲ Depression
- ▲ Insomnia
- ▲ Tinnitus
- ▲ Premenstrual Syndrome
- ▲ Addiction Control
- ▲ Immune System health
- ▲ Arthritis
- ▲ Back pain

- ▲ Neck pain
- ▲ Muscle pain
- ▲ Sciatica
- ▲ Migraine
- ▲ Post-operative pain
- ▲ Asthma
- ▲ Bronchitis

Of course, this is only a partial listing. Please call me today to discuss your particular condition and how my unique therapies can work with your body's own healing powers to restore your optimum health.

About me...

With over twenty years in private practice, I'm proud to say that I've developed a group of patients who are healthy, strong and enjoying life to the fullest. I take pride in knowing that I've been able to skillfully apply the latest Acupuncture techniques and therapies, carefully tailored for each client, with truly exceptional results.

If you're considering Acupuncture, please allow me just a few minutes to explain how my unique skills and years of training can be put to work for you, with the result of a new found vitality and enjoyment of life you may have forgotten was possible!

A long-time resident of North County, I've been a licensed Acupuncturist for 20 years. My wife and I enjoy the gorgeous area we live in by playing tennis, golf, and of course, spending time at the beach.

Unique and Restorative Acupuncture Therapies



How can acupuncture help you...



Acupuncture is an ancient technique of stimulating the body's own healing and restorative powers through the systematic stimulation of various points on the body to achieve the desired results.

The amazing benefits of acupuncture have been time-tested for centuries, and it's technique honed to perfection over the years through rigorous training and testing methodologies. You can rest assured that I'll be treating your entire body with the most effective techniques, all with the goal of overall health restoration.

Please call me today for a private consultation about the science and art of acupuncture and how it can help you when other therapies may have failed.

Acupuncture could mean enjoying your life on an entirely new level, and a revitalization you never thought possible.



What is The Egoscue Method?

I am one of the few acupuncturists locally who has been trained and is highly experienced with The Egoscue Method! The results are remarkable. It's a unique and effective program designed to treat musculoskeletal pain without drugs, surgery, or manipulation. Egoscue is a process which involves a series of stretches and gentle 'e-cises' designed specifically for each client. The process strengthens specific muscles and brings the body back to its proper alignment and functioning the way it was designed - *pain-free!*

A demonstration of a typical Egoscue Method 'e-cise.'

